

Holiday timetable Monday 19th December – Saturday 24th December 2011

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00pm	Boot camp (30mins)	Abs (30mins)		Abs (30mins)		
6:30pm		Zumba (1 Hour) Casual Pilates (45mins)	Yoga (1 hour 15mins)	Casual Pilates (45mins)		
7:00pm	Zumba (1 Hour)			Zumba (1 Hour)		

From 24th December 2011 – 7th January 2012 there will be no group fitness classes running other than Zumba classes which will run during the following times only:

Thursday 29th December 2011 – Zumba (1 Hour) at 7pm (Alycia's first class back!)

Thursday 5th January 2012 – Zumba (1 Hour) at 7pm

Saturday 7th January 2012 – Zumba (1 Hour) at 10:30am.

Monday 9th January – Saturday 4th February 2012

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:30am						Casual Pilates (45mins)
10:30am						Zumba (1 Hour)
5:30pm				Boot camp (30mins)		
6:00pm	Boot camp (30mins)	Abs (30mins)	Boxing bootcamp (30mins)	Abs (30mins)		
6:30pm		Zumba (1 Hour) Casual Pilates (45mins)	Yoga (1 hour 15mins)	Casual Pilates (45mins)		
7:00pm	Zumba (1 Hour)		Zumba Toning (45mins) Polefit Beginner 1 & 2 refresher class (30mins) <small>Bookings Required Members \$10</small>	Zumba (1 Hour)		
7:30pm		Pole Fit casual taster class (30mins) <small>Bookings required. Members: \$10 Non Members \$15</small>		Pole Strength Boot camp (30mins) <small>Bookings required. Members: \$8 Non Members \$10</small>		
8:00pm		Polefit Beginner 3 & Intermediate refresher class (30mins) <small>Bookings Required Members :\$10</small>		Pole Fit casual taster class (30mins) <small>Bookings required. Members: \$10 Non Members \$15</small>		

Term 1 timetable 2012 will commence on 6th February 2012.

Platinum's trading hours over Christmas & New Year period

Saturday 24th December: 8am - 1pm

Monday 26th – Tuesday 27th December: Closed

Wednesday 28th & 29th December: 8am - 8pm

Friday 30th December: 8am – 7pm

Saturday 31st December: 8am – 1pm

Monday 2nd January: Closed

Tuesday 3rd to 5th January: 8am – 8pm

Friday 6th January: 8am – 7pm

Saturday 8th January: 8am – 1pm

Thursday 26th January: Closed

Resume to normal trade from Monday 9th January 2012

We wish you a happy & healthy Christmas & New Year.



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